

The Toolb



June 2022

Barb Wyllie ~ Editor

Distribution 930

Please send submissions to Barb at: THETOOLBOX7190@GMAIL.COM

Deadline: 20th of the month

From the Governor's Desk

Greetings, everyone! Stand aside for the marching band, and cheer with Rotarians throughout District 7190! This is my final DG letter to you of this 2021-22 Rotary year!

If you're not cheering, you're probably crying... But it's OK! We are all in this together! And how fitting is it that June is Fellowship month, my favorite theme of the Rotary calendar.

Fellowship is defined as 'a friendly association, especially with people who share one's interests'. Rotary has nearly one hundred different fellowships of members who share a common interest in recreational activities, sports, hobbies or professions, which help members expand their skills, foster vocational development and enhance the Rotary experience while developing connections around the world. Fellowships also foster communication within clubs and within the local and global community. Fellowship is truly what makes Rotary "go round". Each of our clubs are a fellowship too, as we all gather with the common interest of working together to improve and assist our communities, while having fun and enjoying our fellow Rotarians.

We join Rotary for a variety of reasons, but as our Rotary experience grows for most it becomes all about the fellowship and friends. Over my years as a Rotarian, I have made many friends and enjoyed many different and varied events that I may not have ever experienced, but for being involved with Rotary.

One of those incredible Rotary experiences was to be your District Governor for the past 12 months. The DG experience has allowed me to get to know many of you and to participate in some of your projects. I have enjoyed the wonderful camaraderie and your amazing generosity and sharing of your skills, time, and talents as we help our communities. And I

have marveled as you have stepped up to take on myriad responsibilities to your communities, your clubs, and the District! The sharing and caring of the Rotary family is something to cherish. I am humbled to have been part of it, and for that I offer my heartfelt thanks for making the 2021-22 Rotary year something that, for me, can never be duplicated or forgotten! Thank you for your fellowship!

Thank you for all that you do!!!

DG Bruce



SERVE TO CHANGE LIVES

~ ~ ~

Rotarian Called to a Higher Service

District 7190 bids a heartfelt farewell with prayers and very fond memories to:

**Longtime Glenville Rotarian
Jayne McCann**

~ ~ ~

New Member

District 7190 Welcomes
the Following New Member to
**Schenectady East Rotary Club
Sid Ramotar**

~ ~ ~

**THANK YOU District 7190 Governor Bruce McConnelee
and First Lady Lorraine McConnelee
for all your hard work and tireless diligence in leading us this past year!!!**



(District 7190 Conference photos by B Wyllie)

**You led us by example through your hard work, humor, fun and
just the right amount of *irreverence*.**

Rotary and the world are better places with you folks in it.

**With warm regards,
District 7190 Rotarians**

DISTRICT EVENTS AT A GLANCE

- **NOW: Rotary Clothing Sale** p 2
- **NOW: Book Reservations being taken** pp 3, 17
- **June 1-5: RI Convention / Houston TX**
- **June 11: Flag Day**
- **June 19: Father's Day**
- **June 28: District 7190 Changeover** p 5

CLUB EVENTS AT A GLANCE

- **NOW: Food Drive** by BHBL Rotary p 6
- **NOW: Homemade Soap Sale** by Rotterdam Sunrise Rotary p 4
- **June 9: Pork BBQ** by Shenendehowa Rotary p 4
- **June 10: Golf Outing** by Colonie-Guilderland R. p 4
- **June 11: Corn Hole Tournament** by Chestertown Rotary p 4
- **June 17&18: Variety Show** by Amsterdam R. p 5
- **June 20: Tuskegee Airmen Presentation** by BHBL Rotary p 5
- **July 10: Corn Hole Tournament** by Schenectady Rotary p 6
- **July 15-17: Woodworking and Fine Arts Show** by Northville Rotary p 6
- **August 1: Golf Classic** by Glenville Rotary pp 6,15,16

District 7190 presents **Polio Survivor Louise Rourke's Inspirational Story Called by the Water**

Submitted by Doug Ford, End Polio Co-Chair

Learn how her life-long experiences shaped her desire to pursue challenges others may have considered impossible. If you recall, Louise participated in a swim relay across the 32 miles of Lake George and raised over \$100,000 for the End Polio Campaign, including matching funds!

- **\$20 per book**
- **\$35 for an autographed copy**

Your donation supports

the Rotary Foundation Campaign to Eradicate Polio.

To purchase books, email Doug Ford at

doug.ford@curtislumber.com

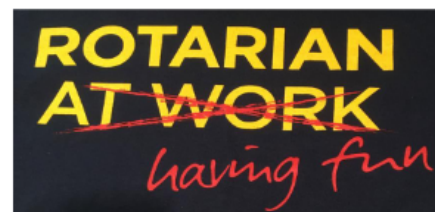
See flyer on page 17.

Thank you for supporting The End Polio Campaign.

~ ~ ~

The District is selling 'Rotarians Having Fun' clothing for the benefit of the RI Foundation. If you would like to order, please coordinate ordering with your club President or Secretary so we can keep club orders together to facilitate delivery.

Rotarians Having Fun Clothing Order Form



STYLE.	SIZE	QUANTITY	UNIT PRICE	EXTENDED PRICE
T-Shirt			\$20	
Long Sleeve T-Shirt			\$25	
Vee- neck T-Shirt*			\$20	
Hooded Sweatshirt - Pull Over			\$35	
Golf Shirt			\$35	
			Sales Tax Included	
			TOTAL	

Sizes: S, M, L, XL, XXL, XXXL Unisex sizing except for V-neck which is women's cut
All items in navy blue with Rotary logo on chest and the above image on the back

CLUB NAME: _____

CUSTOMER'S NAME: _____

PAYMENT DUE WHEN CLOTHING DELIVERED
CHECKS TO BE MADE OUT TO ROTARY DISTRICT 7190

CLUBS: PLEASE RETURN ALL CLUB ORDER INFORMATION TO DG BRUCE MCCONNELLEE
DGBruce2021@gmail.com



2022 District 7190 Conference



Rotary Club of Shenendehowa

Pulled Pork Dinner For Two

Thursday, June 9, 2022, 4 to 6 pm

Shenendehowa United Methodist Church

971 Route 146, Clifton Park, NY 12065

(Directly across from the entrance to the Shen Campus)

No Contact pick up



Prices:

\$16.00 when you pre-order

\$18.00 if you drive-up

Purchase on line at:

shenrotary.org/pulledporkbbq

BBQ Dinner for Two

Here's what you get:

- . 1 & 1/2 lbs. of Pulled Pork
- . 2 full size brioche rolls
- . Cole slaw
- . 2 pieces of grilled street corn



Dinners provided by Smith's Smokeshack & Kitchen

Smithsmokeshack.com

~ ~ ~

Colonie-Guilderland Rotary Club is hosting its
17th Annual

Golf Outing

Calling all Duffers, Hackers and Pros

Friday, June 10th

Mill Road Acres

Latham

**Registration is \$95 per golfer and
includes lunch and shared cart.**

**Tee/hole sponsorships are available
for \$150.**

**Become a Tee Sponsor and register 4
golfers for \$450.**

Register online today at

www.cgrotary.org/golf-outing.

*Proceeds from the outing support programs in the
towns of Colonie and Guilderland,
as well as the Albany Ronald McDonald House.*



Saturday, June 11, 9 AM to 3 PM

Chester Conservation Club-Knapp Hill Rd

Chestertown, NY

\$50/Team Social—\$60/Team Advanced

Double Elimination—\$\$ Prizes for Winners

Teams Age 15 & Under Free Entry

No pre-registration required for Kids

50/50 Raffle * Basket Raffle * White Elephant

Concession Stand * BYOB



Thank you Upstate NY Cornhole Sports Club!

Brought to you by the Chestertown Rotary

Need info? Call or text 518-538-5605

Visit [ScorHolio](https://www.facebook.com/ScorHolio) to Register

[fb/Chestertown NY Rotary](https://www.facebook.com/ScorHolio)



~ ~ ~

Rotterdam Sunrise Rotary is selling

Homemade Soaps

A great gift idea for any holiday!



One bar is \$5

or

**Five bars in
a decorative
bag are \$20**

Free shipping and/or delivery.

Please contact club secretary Michael Surin by

text at 518-810-8338 or

email msurin@nycap.rr.com.

Or join their weekly meetings at 7:15 am at the
Bellevue Café in Schenectady, NY.

~ ~ ~

Amsterdam Rotary presents its
Variety Show

June 17th & 18th
Amsterdam High School

Show Starts @ 7pm

2 Days of Slapstick
Laughter, Entertainment
and Music!

Tickets are \$10 in advance, \$12 at the door and student tickets are \$5 anytime. Tickets are available at the St. Mary's Gift Shops, Community Bank, Inman Senior Center, Montgomery County Office for Aging, or from any Rotarian.

For more information call:
(518) 841-7479

Buy 3 Tickets, get 4th FREE!

Special Thanks To Our Sponsors

Red Carpet Sponsor: **BBL**

Producer Sponsor: **St. Mary's Healthcare Amsterdam** **The Neena Rao Foundation**

Spotlight Sponsor: **TEAMHealth** **Milkenium Medical** **Alpine Hills**

Director Sponsor: **MTA** **MVP**

Amsterdam HS | 140 Saratoga Avenue | Amsterdam, NY 12010

Tuskegee Airman Presentation

Monday, June 20th, 2022 @ 6pm - Ballston Town Hall

The Burnt Hills-Ballston Lake Rotary Club is honored and proud to host Mr. Warren Dart, who will speak about the accomplishments of the **Tuskegee Airmen** in the historical context of the Jim Crow Era. The Tuskegee Airmen were a group of primarily African American military pilots (fighter and bomber) who fought in World War II. Warren Dart is the son of Tuskegee Airman Lt. Col. Clarence Dart and a Ballston Lake resident.

Event – Tuskegee Airmen Presentation by Warren Dart

Date – Monday, June 20th, 2022 @ 6:00pm

Location – Ballston Town Hall, Sewell Room, 323 Charlton Road Ballston Spa, NY

RSVP – 518.330.7683



This free community event is sponsored by the Burnt Hills-Ballston Lake Rotary Club and is open to all! Due to space requirements, please RSVP to 518.330.7683.

~ ~ ~

ROTARY
CHANGEOVER
PICNIC



Tuesday, June 28th, 2022

Register at www.rotary7190.org

Saratoga State Park, Orenda Pavilion
Bring your friends & family
\$25 for adults & \$18 For Children (5-12 years of age)

Schenectady Rotary presents its 1st Annual

Corn Hole Tournament

Join us for this fun community event at Jerry Burrell Park in Schenectady.

July 10th

11am – 5pm

DJ - Nicholas Cassius Clay
Lunch included

Prizes for the top 5 teams

1st Place \$400

No fee to enter the event.

All ages welcome to participate!

\$40 for a 2-person team

Must be registered to play

Sponsorship opportunities available!

All proceeds are reinvested in the community via educational scholarships and grants. Contact SchenectadyRotaryClub@gmail.com for more information and current grant applications.

REGISTER HERE:

<https://schenectadyrotary.rotary7190gives.org/cornhole2022>

Email: SchenectadyRotaryClub@gmail.com with any questions

~ ~ ~

Save the Date!

Northville Rotary presents its annual
Woodworking and Fine Arts Show

July 15th - 17th

~ ~ ~

Save the Date!

Glenville Rotary presents its annual

Classic Golf Tournament

August 1st

Pinehaven Country Club

Mark this fun event on your calendar!

Help us help others!

More information on pages 15 & 16.

~ ~ ~

Burnt Hills-Ballston Lake Rotary

is providing an

"Operation Hunger" Collection Box
at Gil's Garage

817 Saratoga Rd, Burnt Hills, NY
to collect non-perishable food items.

~ ~ ~

HAPPY FATHER'S DAY

Dads!

~ ~ ~

Attention All Clubs

Editor's Note: Please make sure your Club members are receiving this newsletter. 1st - You can check the distribution list that I send accompanying The Toolbox (most months). And 2nd, if their names are on the list but they still aren't receiving it, have them check their spam or junk mail folder. Thank you.

Also...

Every month, please submit the names of your new members and the names of your members who have passed on to higher service to me, Barb Wyllie at thetoolbox7190@gmail.com. Thank You.

~ ~ ~

District 7190 Conference Event



~ ~ ~

District Historian's Report

by Fred Carvin
District Historian

Rotary Club of Schenectady, NY

Charter date June 1, 1918
Sponsored by Albany Rotary
104 years of service

Nominated District Governor

Al Bantham 1948-1949

Nominated District Governor

William Philo 1962-1963

Nominated District Governor

Melvin Fisher 1968-1969

Nominated District Governor

Charles T Male, Jr. 1980-1981

Nominated District Governor

William Baird 1984-1985

Nominated District Governor

Fred Daniels 2017-2018

With the inclusion of the United States into World War One, at least 26 Rotarians from the two Capital District's existing Rotary Clubs of Albany and Troy joined the armed services. In spite of the world conflict, the idea of starting a new club in Schenectady began to be talked about in March, 1918. As the provisional club began to attract members, they set up committees to work with young boys, arrange entertainment, organize charity events and hold scrap drives for the war effort. Under the sponsorship of Albany Club, these hardworking men received their charter on June 1, 1918. Five months later, when the "War to End All Wars" ended with the signing of the armistice in November, 1918, over 50 Schenectady Rotarians held a torchlight parade through the streets of the "Electric City"

It didn't take long for the "remarkable caliber of individuals" and "notable virile start made by the Schenectady Club" that, "almost seemed to spring from birth to full-blown maturity" to approach, organize and witness the sponsoring of the Amsterdam Club. Or so the history of the Schenectady Club written by Charles T Male Sr. indicated for more than 50 years.

This error of sponsorship was not corrected until April 1969, when Rotary International sent original copies of the charter documents indicating Albany and not Schenectady played an important part in the establishment of Amsterdam.

Rotary Club of Salem, NY

Charter date June 15, 1967
Sponsored by Granville Rotary
55 years of service

Born at one of the most turbulent times in U.S. history, Salem witnessed the generation gap between the establishment and the baby boomers increase due to the Vietnam war. Taking a leading role in trying to bridge this gap, Dr. A Gardner Barrett from Granville Rotary answered Governor Karl Grimm's call by chartering 22 new Rotarians in Salem on June 15, 1967, just a few months before the Tet offensive becoming the "turning point" of that Asian conflict.

Three hundred guests watched as Granville Club president Phil Berke presented Salem president Ken Parker with a bronze bell and rosewood gavel. The Post Star of Glens Falls wrote, "The Granville club should be extremely pleased and privileged to have sponsored the Salem Rotary Club and to have played such an active role in the formation of this club. This is the first Rotary Club to be formed in seven years in District 719."

During the "Summer of Love" Salem became the 42nd club in a district that reached from Ravena to Whitehall. It was also a time when the Capital Region membership number peaked at 2,360 Rotarians.

Moving into the future, this number began gradually began to decline, with fewer and fewer years showing positive growth. The main concern for most governors changed from creating new clubs, to one of maintaining and increasing membership

Continued on next page

The Rotary Club of Malta Sunrise

Chartered June 1990

Sponsored by the Ballston Spa Club

32 years of service

In 1987, Rotary clubs around the United States began the process of welcoming women Rotarians to their ranks. Corinth led the way and was followed by Glens Falls in 1987 and others soon thereafter.

With the chartering of the Malta Sunrise Club in June 1990 became the first club in the district to include nine women Charter members.

Governor Roger Reese noted, "The enthusiasm that a new club brings to its sponsor club can be likened to the birth of a child to new parents. The Rotary Club of Ballston Spa, in this case, is the parent of Malta Sunrise and I can tell you from firsthand knowledge it's a MOST remarkable happening. Their enthusiasm is certainly catching. One other benefit that the sponsoring club receives is an increased knowledge of Rotary. Those new members ask a lot of questions, and every member of the sponsoring club is subject to intense grilling."

The Rotary Club of Rotterdam Sunrise

Chartered June 25, 1991

Sponsored by Rotterdam (Evening)

31 years of service

Approximately one year after the chartering of Malta Sunrise, Governor A. Edward Jenner approached the Rotterdam evening club about sharing their territorial boundaries. The new trend of starting breakfast clubs seemed like an attractive option for busy people. On June 25, 1991, the charter members of the Rotterdam Sunrise heard club vice-president Charles Cummins say, "The local group is composed of enthused town residents who are eager to uphold the international ideals. The club is currently made up of 52 members who were unable to consistently attend the evening Rotary events due to family or work responsibilities. Lawyers, doctors, grocers, policemen and school officials are among the variety of professions practiced by the group."

All clubs are encouraged to protect and save the mementoes of their past. If you have any questions regarding how to accomplish this; or have specific inquiries regarding Rotary history, please contact Fred Carvin at Qbyfred@verizon.net.

All sources used in this series are believed to be accurate. Errors or omissions are expected and unintended.

~ ~ ~

Council on Legislation Report

by Melissa Ward-Rathbun

For the first time in the history of Rotary, the Council on Legislation was held as a hybrid event. 300 district representatives attended in person in Chicago, and over 200 attended online.

The council reviewed 94 enactments, 29 of which were adopted. Below are some highlights:

- 1) Club board **meeting minutes** must be made available to all members within 30 days of board meetings.
- 2) Each club or Rotaract Club shall endeavor to build a **well-balanced membership** that celebrates diversity, equity and inclusion. No club may limit membership due to gender, race, color, creed, national origin or sexual orientation.
- 3) Rotary International Dues Increase: US\$35.50 per half year in 2022 – 23, US\$37.50 per half year in 2023 - 24, US\$39.25 per half year in 2024 - 25, and US\$41.00 per half year in 2025 – 26
- 4) **Excused Absences.** A member's absence shall be excused if: (b) The sum of the member's age and years of membership in one or more clubs is 85 years or more, the member has been a Rotarian for at least 20 years, the member has notified the club secretary in writing of a desire to be excused from attendance.
- 5) The requirement for **attendance reports** has been eliminated from the Rotary International Bylaws. (A club may still opt to track attendance, but it is no longer required).

Continued on next page

- 6) The COL approved a **pilot program** for RIBI
- 7) and New Zealand / Australia. During this 6 year program, the districts may experiment with governance, and other aspects in an effort to create a Rotary model that works for those locations.

My last act as your Council Representative will be to vote on the Council of Resolutions this October.

Your club may submit proposed Resolutions on or before June 30

Resolutions are expressions of opinion of the Council. They can be submitted to the Council on Resolutions by clubs, districts, the RI Board, and the general council or conference of RIBI. However, a resolution proposed by a club must also be voted on, or endorsed, by the clubs in its district at its district conference, a district legislation meeting, or through a ballot-by-mail, before it can be submitted to Rotary. Resolutions must be submitted by 30 June through the online form found on the Councils page of My Rotary

Resolutions are made up of two parts. First is the supporting information, which uses preambulatory or whereas clauses as the proposer's argument for the resolution. The second part to each resolution is the action or resolved clause. Resolutions may contain any number of supporting information clauses, but they always have only one resolved clause. The resolved clause states the action that the proposer wishes the RI Board or TRF Trustees to consider. For examples of resolutions, see the 2021 Council on Resolutions [results](#).

For complete instructions on how to propose a Resolution, [please click this link](#).

If you need assistance, please contact me.

Respectfully submitted by

PDG Melissa Ward-Rathbun

518-369-0407, MelissaWardRotary@gmail.com

Cruise to Bermuda, September 1-6, 2022, Celebrating Life Below Water

This event is open to everyone – Rotarians and non-Rotarians – interested in having fun and learning more about Life Below Water.

Join us this September on a cruise from New York to Bermuda.

This special zone event takes place on the Norwegian Joy.

While on board the Joy, we will have morning speakers sharing sustainable practices. Speakers include:

- Past Rotary International President Barry Rassin.
- Programme Officer, United Nations Environment Programme, Liz Mullin Bernhart
- Coordinator of NOAA Coral Reef Watch, C. Mark Eakin
- Mangrove Restoration expert, Vic Grosjean.

Once in Bermuda, you can shop, tour, enjoy the hospitality of local clubs or participate in an optional Rotary Project focused on Mangrove Restoration.

Your all-inclusive price includes:

- Unlimited dining in 6 main restaurants
- Free prepaid service charges and gratuities
- Premium unlimited beverage package
- Unlimited Soda package
- Special zone cocktail hours and events
- 1 hour or laser tag (for up to 40 people)
- 1 hour of go-kart racing (for up to 40 people)
- Kids and Teen club
- And so much more.

To receive special pricing and take advantage of all Rotary perks, you must book with our travel partner at **877-839-2934**.

For more details, please click this link or contact

Melissa Ward-Rathbun at

MelissaWardRotary@gmail.com, or 518-369-0407.



**September 1-6, 2022
Bermuda Cruise
LIFE BELOW WATER**
Connecting The World Through Sustainability

Norwegian Joy
Call to register 877-839-2934

Contact Melissa Ward-Rathbun at
MelissaWardRotary@gmail.com
518-369-0407

- Balcony - \$1575.00 per person the first two people
- Oceanview - \$1525.00 per person for the first two people
- Interior: \$1375.00 per person for the first two people
- 3rd/4th Person: \$725.00 per person

Open to all Rotarians, Non-Rotarians, Community Partners and NGO's

Think About It

Glory

by Cindy Rosenthal
Delmar Rotary

When we talk about DEI, we are talking about Diversion Equity and Inclusion. Of course, that is what DEI stands for however, it sometimes gets forgotten.

I can't think of a better example of a demonstration of inclusion as this video:

<https://youtu.be/s0Vr9sHIdNs>. This is the song that was written for the movie *Selma* back in 2015 that depicted the demonstration and the desire for inclusion in a world when a whole race of people was being excluded. All people were moved to tears but the question to ask is were they moved to tears by the song itself, the demonstration, or what that Africa American or better said simply Black people went through just to gain acceptance in a world where they absolutely weren't accepted.

Listen and feel the song. Read and feel the lyrics.

Think about it.

John Legend Glory lyrics: <https://g.co/kgs/FXt4hm>.

~ ~ ~

Calling all Rotarians!

As People of Action your DEI Committee is looking for many good Rotarians to do just that. There are some upcoming events that we would like to see District 7190 be a part of. As it would be our first year participating in these as a District, we are not going too crazy, but we'd like your participation and input. These are the events and dates:

June 4 Schenectady pride

June 12 Albany Pride

June 18 Juneteenth - Albany

Ideas for 'what- to do' is a current discussion as well including: float in parade, comfort /cooling station, kids activities, volunteering for the event staff, just to name a few. Do you have sewing skills, we have a project for you!! If you are interested in being a part of any or all PLEASE email or text Pam Baxter pamb7190@gmail.com 518-231-8917

~ ~ ~

Ballston Spa Rotary Club Update

By Ray Otten

Last week we were proud to be able to set up our Shelterbox Display at the Health and Wellness Expo at Wood Rd. Elementary. We met a lot of families and were able to educate them a bit about what it is Rotary is about.

We also rejuvenated the flowers at "The Triangle Garden" at the intersection of South St. and Milton Ave. in the Village. We want to have an appealing entrance to our Village for everyone traveling through and for those that live here.

We are going to be giving away free hotdogs and other foods after the Annual Memorial Day Parade, so we are All Over!

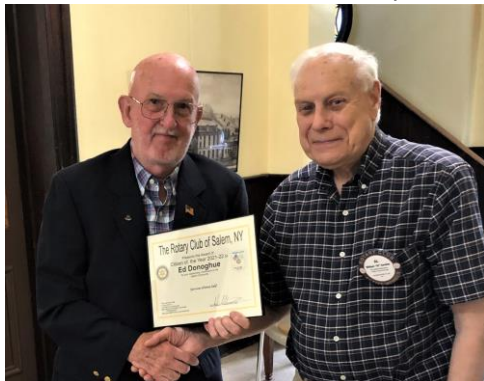


~ ~ ~

Salem Rotary Lauds Exemplary Citizens

At its annual awards dinner, Salem Rotary Club recognized the achievements of several community members.

Ed Donoghue was named Citizen of the Year for his many contributions to the community, among them the Salem Rescue Squad and the Bancroft Public Library. Mr. Donoghue's invaluable expertise and leadership as Library Trustee have propelled forward extensive and necessary interior and exterior renovations to the library, increasing its role as an accessible, multi-purpose community hub for Salem. A highly honored member of the American Society of Mechanical Engineers, Mr. Donoghue is the author of numerous works on codes and safety.



Quinn Donaldson was recognized as Rotary Student of the Year for his all-around performance and character in and out of school. Included in his many achievements are Quinn's membership in the National Honor Society, recipient of the President's Award for Academic Excellence, and a NYSPHSAA scholar athlete in varsity soccer, wrestling, and track.

A talented musician and actor, Quinn has performed in many concerts and plays in school and other venues.



The honor of Rotarian of the Year was bestowed on Randy Dumas. The personification of "service above self," Randy's enthusiastic contributions to the Club include chairing the food committee, volunteering to attend numerous Rotary District meetings and events, site preparation for Salem Rotary's weekly meetings and utilizing his culinary skills for Rotarians and community fund-raiser dinners.



Not pictured but also lauded for their contributions to the Rotary Club mission of helping others through community involvement were veteran Rotarians Joe Childs and Walt Johnson:

Among his valued input over the years, it was Joe's technological acumen that enabled Rotary's entrance into the digital age with the creation of a home page.

A charter member of the Club, Walt Johnson's construction expertise and skill are evident throughout the Salem community, including the town signs, gazebo, and school snack shack.

~ ~ ~



2022 District 7190 Conference Event

Three Rotarians Honored



On May 19th, The Montgomery County Office for Aging honored three local recipients- all three are Amsterdam Rotarians.



Pictured above Peter Rose, Jason Packer & Jeff Smith.



Rotarian Flavors Vegetable

Stuffed Baked Potato (page 191)

From the region of District (not listed)

- 4 large baked potatoes
- 1 cup chopped, cooked asparagus
- 1 cup chopped spinach
- 1 cup sour cream
- ¼ cup blue cheese, crumbled
- ¼ cup cream cheese
- Pepper and salt, to taste
- ½ cup crumbled bacon

Cut the potatoes in half. Scoop out the potatoes, leaving the skin nice and intact for the stuffing. In a mixing bowl, combine the scooped potato, asparagus, spinach, sour cream, blue cheese, cream cheese, salt and pepper. Stuff this mixture into the potato skins and microwave for 2 minutes on high. Garnish with crumbled bacon and serve. Serves 4.

Main Course

Broccoli Chicken (page 189)

From the region of District (not listed)

- 2 cups Minute Rice, cooked according to package
- 1 cup frozen chopped broccoli
- 2 cups shredded, cooked rotisserie chicken
- 1 cup nacho cheese sauce

Layer a small casserole dish with the prepared rice. In a mixing bowl, combine the broccoli, chicken and nacho cheese sauce. Layer this over the rice and bake in a preheated 400-degree F oven for 10 minutes. Serve hot. Serves 4.

Dessert

Crescent Bake (page 162)

From the region of District 7500 / USA

- 2 packages crescent rolls
- 1 egg yolk
- ½ cup sugar
- 2 (8 oz) packages cream cheese
- 1 teaspoon lemon juice

Blend yolk, sugar and cream cheese. Press 1 crescent roll package into 9 x 13-inch pan. Spread with cheese mixture. Place other tube of dough over top. Cover lightly. Bake for 30 minutes at 350 degrees F. While warm, top with mixture of ¾ cup confectioners' sugar, 1-2 tablespoons milk and a dash of vanilla. ~ ~ ~

2022 District 7190 Conference Memories



More Conference Memories





23rd Annual Glenville Rotary Club Golf Classic



DATE:

Monday August 1, 2022

TIME:

10:00 AM SHOTGUN START

LOCATION:

**PINEHAVEN COUNTRY CLUB
1151 SIVER ROAD
GUILDERLAND, NEW YORK**

REGISTRATION:

www.GlenvilleRotary.org

COST:

**\$140.00 PER PLAYER
\$125.00 if registered by July 1**

FORMAT OF PLAY:

SCRAMBLE

Glenville Rotary invites you to participate in the 2022 Annual Golf Classic

The Glenville Rotary has a long history of helping to build and maintain many projects in the Scotia and Glenville communities. That service will continue as we designate a portion of the tournament proceeds for veteran activities throughout the year. The Glenville Rotary also supports various organizations that make positive, lasting change in our surrounding area.

Your REGISTRATION fee includes a great day of fun and enjoyment on a championship | golf course.

- * Greens fee and Cart
- * Light Breakfast
- * Buffet lunch on the patio by The Pines Restaurant
Carving Station, Pasta Station, and much more!
- * Chances to win prizes & contests



SEE BACK FOR REGISTRATION & OTHER INFORMATION

GLENVILLE ROTARY GOLF CLASSIC**2022 REGISTRATION FORM****PLEASE SUBMIT NO LATER THAN 7 DAYS BEFORE EVENT**

Contact DENNIS MCGLAUFILIN with questions
(518) 495-4712

TEAM NAME: _____

Contact Person: _____

Player 1: _____ Handicap: _____

Email: _____

Online payment**: Please circle one YES NO

Player 2: _____ Handicap: _____

Email: _____

Online payment**: Please circle one YES NO

Player 3: _____ Handicap: _____

Email: _____

Online payment**: Please circle one YES NO

Player 4: _____ Handicap: _____

Email: _____

Online payment**: Please circle one YES NO**LUNCH ONLY:** Please circle one YES NO

Name: _____

Phone Number: _____

Email Address: _____

SEND ENTRY FORM AND PAYMENT TO:

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Photo By Gretta Hochsprung of The Post Star

Louise Beckerle Rourke is a polio survivor from six months of age. With her right leg paralyzed, she is a lifetime swimmer of Lake George. In 2018 Louise Rourke was joined by Bridget Simpson in a two-person relay to swim the length of Lake George. This epic 32-mile "Swim To End Polio" raised over \$120,000 for polio eradication. The dedication and determination of people like Louise motivates Rotarians and others today to not give up until global eradication of polio is complete.

Michael K. McGovern,
Rotary International PolioPlus Committee Chair

"Louise's book brings to life her remarkable journey and success in overcoming adversity. It is a moving and personal story of her deep appreciation of Lake George. This is truly an inspiration and pleasure to read."

Kitty Rooney,
Lifelong Lake George resident, Lake George Historical Association Trustee

"This is a book about *memories* and *mission*. It is an inspiring, heart-warming, motivating memoir of the purposeful path that Louise Rourke took from being stricken with polio as a young child to become the Queen of the Queen of American Lakes. Jump in the water with Louise in this swimmingly touching story."

Dr. Joel Goodman,
Founder and CEO of The HUMOR Project, Inc. in Saratoga Springs, NY

