



# Rota-Briefs



Rotary Club of Cohoes - A Subsidiary of Rotary International

October 17, 2018

**Invocation:** Ed Tremblay

**Song:** You're a Grand Old Flag, Byron Moak

**Birthday:**

**Anniversary:**

**Visiting Rotarians:**

**Guests:** Evelyn Smith and Cliff Bird, Abram Lansing School; Wendy Burch, NAMI-NYS

**Door Prize:** Byron Moak

**Powerball:** Byron Moak tried for \$194 but was unsuccessful.

**Rotarians Present:** Barrett, Brooks, Mitola, Moak, Sipe, Tremblay, E., Tremblay, L.

## Good News/Bad News:

**Mike Brooks** thanked his wife Marie for the ride to the meeting and thanked Ed Tremblay for bringing him home. He was happy that today was his son and daughter-in-law's wedding anniversary. He read some words of wisdom.

**Byron Moak** reminded everyone that on this day Mother Theresa received the Nobel Peace Prize in 1979. He was happy to have traveled to Manchester, Vt. with his sister and brother-in-law. Next weekend they will be traveling to the Red Lion Inn in Stockbridge, MA.

**Roderick Sipe** was happy to be attending the Rotary Leadership Training on Saturday.

**Scott Landry** was happy to be standing. His wife, daughter and son are meeting in Newport to participate in a run. Scott is staying home with his youngest daughter.

**Marshall Barrett's** daughter is in Rhode Island for two days and his son-in-law is on call so he and Connie have his granddaughters. He thought it would be easy to take care of them but it has not been easy. His youngest granddaughter refused to take her medicine before school. She didn't want to brush her hair. He had forgotten how difficult it is to get kids out in the morning.

**Ed Tremblay** was sorry that his grandson Micah was looking for something under his bed before school and accidentally scratched the cornea on his eye on a plastic inflatable toy. He was also sad that his granddaughter Addison has an ear infection.

**Linda Tremblay** was happy for a good weekend in Cape Cod in spite of rain a few days and Ed being sick.

**Dave Mitola** paid for missed meetings. He was sad that Butch Waters passed away.

**Club Business:** The ornaments and mugs have come in. This is a major fundraiser for the club. Please try to sell them. The coats for the community will be distributed over the weekend from the Cohoes Senior Center. October 24 is the Taste of Cohoes fundraiser at the Cohoes Senior Center. They are hoping to make this an annual event. October 31 is the Halloween parade and party at the Cohoes Community Center. **We need Rotarians to volunteer to help with the party.** Set up will begin at 4:30 pm. The club will be selling apple pies for the holidays. Cost will be \$12. Order pick up will be November 17.

**Program:** Cohoes Rotarian Roderick Sipe from Edward Jones, a financial services firm, gave a presentation on the personal approach to investing including top investment rules, consistency, deferring gratification, the power of compounding, opportunity cost, accumulating, measuring wealth in time, protecting, estate planning and insurance.

**Response:** Ed Tremblay responded on behalf of the club.



*Ed Tremblay and Roderick Sipe*

## Upcoming Meetings

**11/6/18-** Dinner Meeting, 5:30 pm, The Century House, Speaker Cohoes Rotarian Scott Landry

**11/14/18-** Kathleen Oliver, Executive Director, Cohoes Housing Authority

**11/21/18-** Brittney Hunt, Pastor, Spindle City Vineyard Church

**11/28/18-** Herb Hyde, author of *Uncle John's Diner*

## When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

### Cohoes Rotary Club Meeting Schedule

**Rotary Board Dinner Meeting** open to all members, spouses and guests Tuesday, October 2, at 5:30 pm at the Century House Restaurant (Dinner will be ordered individually off the regular Century House menu)

**Rotary Lunch Meeting** Wednesday, October 10, at 12:15 pm in the Cohoes Senior Center Board Room

**Rotary Lunch Meeting** Wednesday, October 17, at 12:15 pm in the Cohoes Senior Center Board Room

**Rotary Lunch Meeting** Wednesday, October 24, at 12:15 pm in the Cohoes Senior Center Board Room

**No Meeting October 31**

**\*New Meeting Schedule as of September, 2018\***

The schedule format is: the first Tuesday of the month, a Board dinner meeting at 5:30 pm at the Century House. All club members are invited to attend; all other meetings will be lunch meetings at 12:15 pm at the Cohoes Senior Center. There will not be a meeting if there is a fifth Wednesday in the month.

### Rotary Club Officers

**Edward Tremblay** – President

**Linda Tremblay** - Secretary

**Michael Brooks** - Treasurer

**Marshall Barrett** – Sergeant At Arms

**Tammy Heckenberg** - District Governor

**Cohoes Rotary Web Site -**

[www.rotaryclubofcohoes.org](http://www.rotaryclubofcohoes.org)

We conclude the meeting with recitation of The 4 Way Test led by Ed Tremblay.

#### The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

### Song: You're a Grand Old Flag

You're a grand old flag,  
You're a high flying flag  
And forever in peace may you wave.  
You're the emblem of  
The land I love.  
The home of the free and the brave.  
Ev'ry heart beats true  
'neath the Red, White and Blue,  
Where there's never a boast or brag,  
Should auld acquaintance be forgot,  
Keep your eye on the grand old flag.

### Cohoes Senior Center Menu for Cohoes Rotary

#### Entrée

Salisbury Steak w/Mushroom Gravy  
Mashed Potatoes  
Parsley Carrots  
Whole Wheat Bread

#### Dessert

Cherry Crisp