



Rota-Briefs

Rotary Club of Cohoes - A Subsidiary of Rotary International

March 23, 2022

Mission of Rotary/Invocation: Roderick Sipe

Birthday: Steve Napier, Karen Sipe

Anniversary:

Visiting Rotarians:

Guests: Ta-Sean Murdock, Gateway Sports Complex

Door Prize: Mike Brooks

Powerball: Dave Havnen tried for \$435 but was unsuccessful.

Rotarians Present: Brooks, Havnen, Moak, Parker, Sage, Sipe, Tremblay, E., Tremblay, L.

Good News/Bad News:

Mike Brooks noted that Linda and Ed Tremblay were featured in the Discover Albany Travel Guide. Mike read some words of wisdom.

Byron Moak was glad it is officially spring. He has seen some robins. Last weekend was the Shriners Potentates Ball. They had 110 people in attendance.

Dave Havnen was happy that spring is slowly coming.

Bill Sage was happy that spring is coming. He liked the article in the Discover Albany Travel Guide.

Tammy Parker had some work done at the dentist and couldn't eat for a week and a half.

Ta-Sean Murdock was happy to wake up and see the sun rise.

Ed Tremblay noted that Discover Albany is planning to make a video as a follow up to the print article. While Ed was walking his daughter's dog, he let him off the leash just as the kids from the Harmony Hill after school program were coming out to play. The dog ran right into the school.

Linda Tremblay showed her grandchildren the Discover Albany article in which she and Ed were featured. They did not seem impressed.

Roderick Sipe reported that he and his wife Karen leave for San Francisco on Friday.

Club Business:

Roderick Sipe welcomed Pat Shannon back into the Cohoes Rotary. Roderick noted that the Regional Food Bank is holding a Mac and Cheese Bowl fundraiser on Saturday, March 26 on Remsen Street in Cohoes. The Rotary District Conference will be held April 29-May 1, 2022, at the Great Escape Lodge in Lake George. Cohoes Rotary Virtual Trivia Night will be held Wednesday, March 30, 2022, at 7:00 pm. The winner of the Easter 50/50 raffle will be drawn on Wednesday, April 13th.

Program: Ta-Sean Murdock is the new Complex Director for the Gateway Sports Complex in Cohoes. He grew up in Albany, worked in New York City and is now living in the Capital Region. Ta-Sean formerly ran the Albany Boys and Girls Club. Since coming to Gateway Sports in Cohoes, Ta-Sean has been evaluating how to best relate to the community. He is interested in offering after school programs for the youth of Cohoes. He would like to add a basketball court to the outdoor playground area. Currently, youth membership costs \$25 per month. Ta-Sean is looking for ways to reduce or make a youth membership free. He would like to offer summer camp options for youth. Gateway offers Silver Sneakers programs and Renew Active programs for seniors enrolled in CDPHP. The facility can be rented for young children's birthday parties. The gym can be rented for events. Ta-Sean is working with LifePath at Cohoes Senior Center to offer more senior opportunities. Currently Gateway has 500 members. The goal is to reach 1,200 members.

Response:

Roderick Sipe responded on behalf of the club.

When and Where Other Rotary Clubs Meet:

To view when and where other Rotary Clubs in District 7190 meet go to:

<http://www.rotary7190.org/>, click on When/Where Clubs Meet in the upper left corner of the home page.

Cohoes Rotary Club Meeting Schedule:

Note: Cohoes Rotary Board of Directors meetings will resume as in person meetings at the Century House in Latham. All other meetings will be Zoom meetings until further notice.

Meeting Schedule

The schedule format is the first Wednesday of the month, a Board dinner meeting at 5:45 pm at the Century House. All club members are invited to attend. The second, third, and fourth Wednesdays of the month will be Zoom meetings at 7:00 pm. There will not be a meeting if there is a fifth Wednesday in the month.

Rotary Club Officers

Roderick Sipe – President
Linda Tremblay - Secretary
Michael Brooks – Treasurer
Ed Tremblay – Sergeant at Arms
Bruce McConnelee - District Governor

Cohoes Rotary Web Site -
www.rotaryclubofcohoes.org

We conclude the meeting with recitation of The 4 Way Test led by Roderick Sipe.

The 4-Way Test

The 4-Way Test "Of the things we think, say or

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?"

From [ABC's of Rotary](#)

Upcoming Meetings & Events

3/1/22-Cohoes Rotary Board Meeting, 5:45 pm, The Century House, Latham
3/9/22-Cohoes Rotary Meeting, 7:00 pm, Zoom
3/16/22-Cohoes Rotary Meeting, 7:00 pm, Zoom, Guest Speaker, Dave Koshnick, President, Choose Cohoes for Art
3/23/22- Cohoes Rotary Meeting, 7:00 pm, Zoom, Guest Speaker, Ta-Sean Murdock, Complex Director, Gateway Sports
3/30/22-No Meeting
3/30/22-Virtual Trivia Night, 7:00 pm

RI President Shekhar Mehta is urging members to become more involved in service projects, saying that caring for and serving others is the best way to live because it changes not only other people's lives, but also our own.



SERVE TO CHANGE LIVES