

The Toolb



October 2019

Barb Wyllie ~ Editor

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Please send submissions to Barb at: THETOOLBOX7190@GMAIL.COM Deadline: 20th of the

From the Governor's Desk

Connecting One With Another

Save the Date! Our District-Sponsored Dinner to benefit The Rotary Foundation will be held on Wednesday, November 13 at Key Hall in Schenectady. Our theme is Connecting One With Another. Look for an email with your invitation!

In the expansive world of Rotary, there are many opportunities to help people improve their lives. We focus throughout the year on health, literacy, water and sanitation, and almost every other aspect of the human condition. For October, our focus is on a topic that can improve the effectiveness of our efforts in all other areas. This month, we focus on Community and Economic Development. Strong communities, and strong economic systems, allow for the alleviation of poverty and the progress of human civilization.

We are very fortunate in our little corner of the world; our communities are advanced, and rather than focus all of our efforts on meeting basic needs we instead fine tune our institutions to respond to changing times. To be certain, there are those who do struggle with basic needs. This is why we support food pantries and services such as City Mission, which help those who need a hand up.

I would like to encourage all Rotarians in our District to consider what needs in their community can be addressed by your club. We see the interconnectedness of all our efforts when we look through the eyes of the people we serve.

I am yours in Rotary Service.
District Governor Larry Jones

DISTRICT EVENTS AT A GLANCE

- **October 19:** Rotary Leadership Institute *pp 4,10*
- **October 24:** World Polio Day
- **November 9:** Rotary Day at the United Nations
- **November 13:** Foundation Dinner
- **December 13:** Drop the Puck on Polio
- **December 14:** Wreaths Across America
- **January 1:** Polio Plunge Lake George
- **January 11:** PETS President Elect Training
- **February 23:** Rotary's 115th Birthday
- **February 29:** Leap Day for Literacy
- **March 13-14:** Multi-District PETS Syracuse
- **April 4:** District Training Assembly & Grant Management Seminar
- **May 15-17:** District Conference Albany
- **June 6-10:** Rotary International Convention Hawaii

CLUB EVENTS AT A GLANCE

- **Month of October:** Land of Scarecrows by Middleburgh, Cobleskill and Sharon Springs Rotary Clubs *p 2*
- **Oct 5:** Apple Run/Walk by BHBL Rotary *p 2*
- **Oct 5:** Chicken BBQ by Ballston Spa Rotary *pp 3,9*
- **Oct 12:** Annual Timothy Murphy Fall Festival by Middleburgh Rotary *p 3*
- **Oct 20:** Pancake Breakfast by Malta Sunrise Rotary *p 3*
- **Oct 27:** Halloween Pancake Breakfast by Schenectady Rotary *p 3*
- **Nov 16-17:** Overnight '1920's' Winery Tour by Glenville Rotary *pp 4,11*
- **December 11:** Holiday Auction by Albany Rotary *p 5*
- **January 25:** Amazing Race to Recovery by Colonie-Guilderland Rotary *p 5*

NEW MEMBERS
District 7190 Welcomes
the Following New Members!!!

Niskayuna Rotary

Kindra McHale
 Elizabeth Zahdan

Schenectady East Rotary

Louis Marocco
 Kathy Leonard
 (returning member)

~ ~ ~

Attention All Clubs:

Every month, kindly submit the names of your new members, and the names of your members who have passed on to higher service, to thetoolbox7190@gmail.com.

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New Support from the District

We are pleased to announce that Bonnie Keller of the Schenectady Club has agreed to serve as the District Necrologist. If a member of your club has passed on to higher service, please sent information to Bonnie at: BKeller418@gmail.com.

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BHBL Rotary presents its 25TH Annual

Apple Run/Walk 5K
certified looped flat course

Plus 1/2 mile kid fun run
 Saturday October 5th

5K 9:00AM

Fun Run 9:45AM

\$25 prior to Sept 22 /\$30 after Sept 22

O'Rourke Middle School

173 Lakehill Rd Burnt Hills

First 300 participants t-shirts, and packets

Awards: 0-10, 11-14, 15-19, 20's, 30's, 40's, 50's, 60's, 70's, 80+

Register at zippyreg.com or download application: bhblrotary.orgEvents . ~ ~ ~

Middleburgh, Cobleskill and Sharon Springs
 Rotary Clubs Present

Land of the Scarecrows...
 Schoharie County NY



During the month of October, the above mentioned three clubs will be featuring the collective creativity of our communities in this wonderful effort to stock the food pantries that serve the communities where we live. Three Rotarians from three clubs, backed by their membership, have set out to dress up the streets with the epitome of fall fun...SCARECROWS! Businesses, individuals, groups, clubs and teams have all been invited to participate, with a suggested entry fee of non-perishable food items. Voting takes place in different formats in each community, but those wanting to vote for "People's Choice" can cast a ballot with each food item or dollar they donate. Three different sets of bragging rights will be up for grabs! Three different communities' food pantries restocked.

They hope that you will take a drive to Schoharie County and enjoy their scarecrows.

Cobleskill contact: Linda Vrooman Holmes

Sharon Springs contact: Pam Baxter

Middleburgh contact: Joan Wisser

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Middleburgh Rotary presents its 28th Annual
Timothy Murphy Fall Festival
 Saturday, October 12th
 9am-4pm

Events planned are a 10K run/walk, an **artisan's fair** with all sorts of vendors participating, many selling local products and **there's also a parade!** Come to Middleburgh and have some fall fun with us!

Details for all events are available on our club's Facebook page: "Like" Middleburgh Rotary to stay on top of events and activities.

10K registration is at:

<https://runsignup.com/Register/?raceld=22938>

Vendor app and parade app are available at:

www.middleburghrotaryny.org

Event liaison is Vicki Hoerz



Ballston Spa Rotary presents their
Chicken BBQ
 October 5th
 Noon -4pm
 Brookside Museum
 6 Charlton St. in Ballston Spa

They present this event along with Malta Rotary, Community Emergency Corps, Malta-Stillwater EMS, The Brookside Museum, and the Ballston Spa Central School District.

All proceeds to benefit the Ballston Spa Food Backpack program. This wonderful program provides food on the weekends for elementary students that otherwise may not have food in their home. When students eat right, they are less stressed and are better able to concentrate on the things that will help them perform better. We all believe that no child should be hungry so please join us to support this great cause.



Schenectady Rotary presents its
Halloween Pancake Breakfast

Sunday October 27th
 8-10 am

Buy tickets for yourself or sponsor a child in need \$8 each.

Appleby's Restaurant
 Treats! Costumes! Fun!!
 2400 Cambridge Rd, Schenectady

Proceeds support local community service projects.

For Ticket Sales Link to:

<https://www.eventbrite.com/e/halloween-pancake-breakfast-tickets-74368459063?aff=ebdssbeac>

Checks can be sent to:

Schenectady Rotary Club
 PO Box 346
 Schenectady, NY 12301

Please indicate if you will be attending or
 Sponsoring a Child.



Malta Sunrise Rotary presents its
Pancake Breakfast
 Sunday, October 20th
 8-11:30am
 Adults: \$7
 6-12 year olds: \$3
 5 & under: Free
 Round Lake Fire House



13 Curry Road, Round Lake, NY
 Come to the new Round Lake fire house
 and join us for a hearty breakfast!
 All you can eat eggs, sausages, and
 YES, PANCAKES!

Tours of the firehouse will be available! Thank
 you to **Stewart's Shops and Hannaford** for their
 generous donations!



Rotary Leadership Institute is
CALLING ALL ROTARIANS
AND ALL CLUBS !!!

Where will you be on Saturday October 19th? Hopefully you will invest some time attending the RLI training that is open to ALL Rotarians. It is a very worthwhile program and we are challenging all the clubs to have members present. The club with the largest number of attendees, who were registered by October 10, will receive credit for a Paul Harris for their club to give out.

ALL ATTENDEES WHO REGISTER ON OR BEFORE OCTOBER 10 WILL HAVE THEIR NAME IN A DRAWING FOR THEIR REGISTRATION FEE TO BE REFUNDED. You must be present to win and have registered on or before October 10 to be eligible. Drawing will be held at lunch.

This year we are offering Sessions I, II, III AND Graduate - See the flyer at the end of the Toolbox for more information.

NOTE THE NEW LOCATION. Please come and enjoy a day of learning, good food and friendship.

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A 1920's Themed
OVERNIGHT Winery Tour

A Step Back in Time
*Only 2 more 'time travelers'
needed to have this trip go!!!*

November 16th-17th
Saturday-Sunday
at The Inn Bed and Breakfast*
Montgomery, Vermont
\$230 per person plus Inn reservation
**We've booked the whole Inn.
Only 4 rooms remain.*

Come join the intriguing fun!

- Wine Tasting visits along the way
- Coffee/Tea/Water & Pastry
Service on board
- Ferry Ride (with the bus!)
- 1920's Themed Evening Includes:
 - 'Bees Knees' Cocktails
 - Dinner, and
 - Interactive 'Who Dunit Event'
- Delicious Homestyle Breakfast
- More Wine Tasting visits
- Snacks and Water served

*See flyer on page 11 for details
on reserving your room(s), and
signing up for this trip.*

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The Rotary Club of Albany presents its
Holiday Auction

Wednesday, December 11th

Noon – 2 pm

at the American Legion Hall

Everett Road, Albany

Lunch reservations are required.

The cost to attend is \$25 per person if you register online at

<https://albanyrotaryholidayauction2019.eventbrite.com> by December 3 or \$30 at the

door. Please contact me to reserve your spot and/or to let me know if you are providing an auction item.

All proceeds from the auction will benefit Rotary's Gift of Life program, which provides life-saving heart surgery for children around the world with congenital heart disease.

This event features a live auction, silent auction and raffle with all items donated by Rotary members and community supporters of the Gift of Life program. It's a fun afternoon of good food, Rotary fellowship and an opportunity to support one of Rotary's finest philanthropic endeavors. And, it's a great chance to find some unique holiday gifts including hand-made items, theatre and concert tickets, gift baskets, and much more.

We look forward to seeing you there!

Yours in Rotary,

Terry Tyson, Holiday Auction Chair

Terry.tyson49@gmail.com 518-783-5348



Crossgates Mall - January 25th

The 2019 Amazing Race to Recovery was a success. Thank you to Crossgates Mall, Lucky Strike Social, Second Chance Opportunities, 117 participants, 39 volunteers, 14 vendors, 13 stores, all sponsors, and 4 speakers. We raised awareness of the addiction crisis, showed support for people in recovery, 32 of which participated in the race, and raised over \$10,800 for the Community Recovery Center at Second Chance Opportunity.

Notify Sue Mahar (Colonie-Guilderland Rotary Club) at suzanne@blueskiestravel.com for more information or to volunteer with the activities for our 2nd annual event at Crossgates Mall January 25, 2020 from 9am-2pm.

<https://www.amazingracetorecovery.org/>



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Ballston Spa Rotary Club Presentation

Ballston Spa Rotary Club recently presented a donation to help Buddies, Blankets, and Bears recover some of the costs incurred due to a water leak at their building. Buddies, Blankets, and Bears is a local nonprofit organization whose mission is to provide comfort to people in their greatest time of need, extending a hand of friendship and compassion.

This is another way we try to help as many folks as possible.



Salem Rotary Club's Revolutionary War Cemetery Project

On September 7, Jim Carrolan of the Salem Rotary Club welcomed visitors to the Revolutionary War Cemetery in Salem. The club partnered with the Dr. Asa Fitch Historical Society's tour to celebrate the 250 Anniversary of the cemetery and to raise money for cemetery upkeep. During the last two years the Rotary Club has raised funds through a charitable trust and private citizens to clean the stones and to hire a professional conservator to repair numerous broken stones. Trained club volunteers continue to help straighten badly leaning stones. The club invites private contributions to continue refurbishing this important site. The cemetery is the oldest one in the Town of Salem and is on the National Register as an historic site. Buried within the cemetery stone walls are Salem's earliest settlers, including two soldiers of the French and Indian War, 105 Revolutionary War soldiers, and five soldiers of the War of 1812.





Rotary District 7190 is fortunate to have 11 Interact clubs. While each club runs autonomously, it can be beneficial to share ideas and connect with other clubs. Rotary clubs and Districts have the advantage of Facebook pages where members can connect, share, and collaborate.

District 7190 is pleased to announce the launch of a private Facebook group just for **District 7190 Interact Clubs**. The group is for school advisors and club sponsors to reach out to each other.

- Share Fundraising ideas
- Share Successful projects
- Share Student recruitment tips
- Opportunities to collaborate with other Interact Clubs, Rotary Clubs, or Youth Programs
- Ask for District Assistance – schedule Rotarian speakers, mentors, or program experts

The District and sponsor clubs are here to support the Interact Clubs. Learn about the resources available to you and tap into the Rotarians who are ready to help.

So, what now? Just click on this link to join the new **Interact Rotary District 7190** private group and start connecting! Please share this link with others who would benefit from being part of this group.

<https://www.facebook.com/groups/303574813775481/>



Former UMass Player, Coach [and Niskayuna Rotarian] Kalekeni Banda Speaks with Teams About Work in Native Malawi

Reprinted from the Daily Hampshire Gazette

By Josh Walfish
Staff Writer

Published: 8/27/2019 9:25:24 PM

AMHERST — Kalekeni Banda was born to push the barriers of his native Malawi.

His father was a founding member of the Malawi Congress Party, which was the first ruling party after British rule ended in the country in 1964, and then served as a diplomat to the United Nations. That privilege is a main reason Banda was able to attend UMass and play soccer in the early 1970s, which turned into a prolonged coaching career that began with stops at UMass and Amherst College.

Now he's trying to share that privilege in his native country with the Chituka Village Project through his Banda Bola Sports Foundation. But in order to accomplish his missions, he's had to touch on many taboos, especially when it comes to the role of girls in traditional African societies.

"We're changing people's mindsets and breaking barriers," said Banda, who spoke with the men's and women's soccer teams at UMass on Thursday. "In 2019, we're still talking about education in areas where they don't really know what that means. They know kids need to go to school, but then to come up and say that girls can only go to school until they hit puberty and then after that, 'we're going to marry them off because we need to have more kids.'"

Banda's program is working to keep girls in school through the eighth grade and empower them to be able to speak for themselves and assert their rights as young women. There are still a fair amount of tough conversations with parents, many of whom struggle to comprehend the Western ideals that are still struggling to take hold in rural Africa.

Continued on next page...

But Banda is slowly influencing those in Malawi with the ideas of gender equality and hoping to change the future by starting with the youth in the country.

“Women are still second-class citizens as we talk today, they still look down on them,” Banda said. “It’s very difficult for me to go to a village and have a conversation with men and women about how we’re going to change their attitude. For me, going to the grassroots and changing those girls when they’re 10, that’s going to help us change the attitude when they become women and they become men. They’re going to start looking at each other different.”

Soccer is the crux of Banda’s efforts of improving education in Malawi ahead of the UN’s goal of universal education by 2030. The Banda Bola Scholastic Soccer League for Boys and Girls is a league for schools in the Nkhata Bay South District in the northern part of the country, which enforces good grades and gender equality for teams to participate.

The teams are coed at the under-10 level with three boys and three girls on each squad while above that, a school can only enter a boys team if it also enters a girls team. In order for the kids to qualify to play in the league they must attend school five days a week and achieve good grades. It has already changed the attitudes of many kids toward education, Banda

said, but it is just one of two major changes that have been made.

“Soccer is not played by girls in Africa, especially in Malawi, they don’t play soccer,” Banda said. “For me to give a soccer ball to a girl and a boy is looking at me like ‘what’s up with that?’ I go ‘Well, I want her to play, too, so if you want to play, you put her on a team.’ Now the brothers and sisters are playing together and before they were sitting in separate seats and eating at separate tables, so there is none of that interaction. Soccer is now bringing them all together and they’re talking about soccer at home.”

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Rotary
Rotary Clubs of
Ballston Spa and Malta
Sunrise



**Saturday
October 5th
12 - 4 pm**

SCHS
Saratoga County Historical Society
@ Brookside Museum



Chicken BBQ Fundraiser

Proceeds



Benefiting

Scotties BackPack Program



Brookside Museum

6 Charlton St., Ballston Spa

\$15 each

BBQ Dinner Includes:

1/2 Chicken with Sides donated

by area restaurants

Eat In—Take Out



For tickets and more information visit

www.brooksidemuseum.org or stop by the museum in person.

DG Larry Jones invites you to attend Rotary Leadership Institute

NEW LOCATION!!.....NEW LOW COST!!

LOCATION:
FIRST REFORMED CHURCH
OF SCHENECTADY

10 NORTH CHURCH STREET
SCHENECTADY

**Rotary Leadership Institute
of Northeast America**

DATE: SATURDAY, OCTOBER 19
REGISTRATION AND BREAKFAST AT
7:30AM
CLASSES FROM 8:00AM TO 3:30PM

COST: \$75 PER PERSON



WHY ATTEND RLI?

Attendance at RLI is a great start for President-Elect training, for Rotarians in the club leadership track, and as orientation for all new Rotarians who want to become more involved.

- ***YOUR YEAR AS A CLUB PRESIDENT WILL BE ONE OF THE BESTS YEARS OF YOUR LIFE, AND PREPARATION WILL MAKE IT EVEN BETTER!***
- ***YOUR LEADERSHIP SKILLS WILL MAKE A DIFFERENCE IN THE LIVES OF OTHERS, BOTH NEAR AND FAR***
- ***AS A LEADER IN ROTARY YOU'LL HAVE AN OPPORTUNITY TO EXPAND YOUR CIRCLE OF FRIENDS IN ROTARY AND THE COMMUNITY THAT WILL STAY WITH YOU FOR THE REST OF YOUR LIFE***

RLI is a three part program culminating in graduation at Part III. You'll be sharing ideas for new and better projects for your club, and learning from certified Rotary facilitators about what it take to make a successful club.


Meet Rotarians from around the District and discuss what their clubs are doing about membership, service projects, and other club activities.

DEVELOP LEADERSHIP SKILLS THAT APPLY IN ANY ORGANIZATION OR BUSINESS, AND IN PEOPLE'S DAILY LIVES.

CATCH THE PASSION OF ROTARY!

REGISTRATION AND MORE INFORMATION AT www.rlinea.org

Other questions? Contact PDG Sue Austin at (518) 374 - 8891
or by email at bankr736@nycap.rr.com


Glenville Rotary presents its 1st Annual
Themed Overnight Winery Tour

(We have run successful day Winery Tours for 11 years.)

A Step Back in Time

NOTE: 2 additional 'Time Travelers' are needed to have this trip run!

(Time Travelers on this trip will have 1st option to book seats on next Overnight Tour.)

When: November 16 & 17 Saturday & Sunday

Where: The Inn Montgomery Center, Vermont
*(We have booked the **WHOLE** inn!)*

Agenda: Saturday:

- Coffee/Tea & Pastry Service on board bus
- Winery visits/tastings along the way
- Ferry Ride (with the bus!)

Saturday Evening: Roaring 20's Themed Event

- 'Bees Knees' Cocktails upon arrival/check-in
- Dinner
- Who Dunit Event – An interactive mystery!

Sunday:

- Delicious Home Style Breakfast
- More Winery visits/tastings on our way home
- Snacks and Water will be available

Cost: \$230 per person plus Inn reservation

To Book Your Room(s):

- 1) View rooms at www.theinn.us (Rooms # 4,10,11, and 12 remain.)
- 2) CALL 802/326-4391 to make your reservation(s).
- 3) Once you reserve your room(s), contact Barb Wyllie at

bw4rotary@gmail.com to secure your place on this trip.

Thank you.

